Vietnam Tour Guide

5天4夜
河内 – 沙坝 – 番西邦峰 – 玻璃桥
（乘火车 & 卧铺大巴）



行程概述

第1天	抵达河内 – 城市游 – 夜班火车 | 夜宿火车上 (午/晚)
第2天	老街 – 沙坝 – 番西邦峰 – 沙坝镇 | 夜宿沙坝 (早/午/晚)
第3天	沙坝 – 吉吉村 – 莫阿纳 – 玻璃桥 | 夜宿沙坝 (早/午/晚)
第4天	沙坝 – 乘 Limousine/卧铺大巴返回河内 | 夜宿河内 (早)
第5天	河内送机 (早)

注：B = 早餐，L = 午餐，D = 晚餐

详细行程



第1天：抵达河内 – 城市游 – 夜班火车前往老街 (午/晚餐)

内排机场接机 → 享用当地午餐 → 参观**镇国寺** → **文庙** → **火车街 (Train Street)** 喝咖啡 → 漫步**河内古街** → **同春市场 (Dong Xuan Market)** → 晚餐 → 前往河内火车站乘坐夜班火车前往老街 → 夜宿火车上。



第2天：老街 – 沙坝 – 番西邦峰 – 沙坝镇 (早/午/晚)

抵达老街 → 乘车前往沙坝 (1小时) → 早餐 → 寄存行李 → 乘坐缆车前往**番西邦峰 (Fansipan Peak)** (3,143米) → 乘坐高山小火车登顶 → 自助午餐 → 酒店入住 → **猫猫谷景观咖啡馆 (Cafe Muong Hoa train view)** → **沙坝石教堂 (Sapa Stone Church)** → **太阳广场 (Sun Plaza)** → 晚餐 → 沙坝夜市 → 夜宿沙坝。



第3天：沙坝 – 吉吉村 – 莫阿纳 – 乌贵胡岭 – 银瀑布 (早/午/晚)

早餐 → **吉吉村 (Cat Cat Village)** → **莫阿纳沙坝 (Moana Sapa)** → 午餐 → **云端玻璃桥 (Dragon Cloud Glass Bridge)** → **乌贵胡岭天门 (O Quy Ho Pass - Heaven Gate)** → **银瀑布 (Silver Waterfall)** → 喝咖啡休息 → 晚餐 → 夜宿沙坝。



第4天：沙坝 – 乘 Limousine/卧铺大巴返回河内 | 夜宿河内 (早)

酒店早餐 → 08:30 酒店退房 → 09:00 – 09:30 接驳车接客前往汽车站 → 10:00 大巴发车前往河内 → 途中停靠 2 个休息站 (餐饮自理) → 抵达河内 → 酒店入住 → 自由活动 → 夜宿河内。



第5天：河内送机 (早餐)

酒店早餐 → 司机将在航班起飞前 3.5 小时接您前往机场 (视具体航班时间而定)。

用车安排



2-3人 7座车



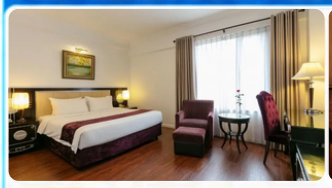
4-10人 16座车

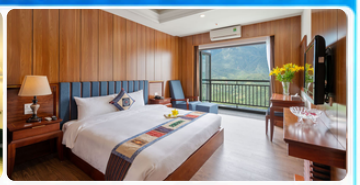


11人及以上 大巴车

酒店列表 (4星级)

标准入住时间: 14:00 | 退房时间: 12:00





第1天： 夜宿火车上 (河内 – 老街)

第2天 & 第3天 (沙坝): Bamboo Hotel / Sapa Charm Hotel (或同级)

第4天 (河内): Flower Garden Hotel / Hong Ngoc Dynastie Hotel & Spa (或同级)

***备选：** Paragon Noi Bai Hotel and Pool (靠近机场，方便次日早班机)

(所有酒店均因地理位置优越、服务质量好及客户评价高而入选)

费用包含

- 沙坝及河内 4星级酒店住宿
- 行程中注明的餐饮
- 夜班火车票 (河内 – 老街) & 汽车接送 (老街 – 沙坝)
- Limousine/卧铺大巴车票 (沙坝 – 河内)
- 旅游行程中的私人空调专车
- 英文导游
- 景点门票 (番西邦缆车 & 单程高山小火车票)
- 旅游意外保险

费用不含

- 个人消费
- 饮料 (咖啡 & 饮品)
- 机票
- 行程中未注明的餐饮 (第4天午餐 & 晚餐)
- 导游及司机强制小费：USD 3/人/天

为什么选择 Jack？

- **本地专家导游：** 对目的地有深入了解
- **24/7 支持：** 可随时通过 WhatsApp 联系 (+84 979 664 696)
- **行程灵活：** 无死板安排
- **真实体验：** 像和朋友旅行，而不只是导游
- **透明定价：** 100% 无隐藏费用



重要天气提示

- **番西邦峰 (Fansipan Peak):** 因海拔高 (3,143米)，全年寒冷。即使是夏季也请带好保暖外套。
- **12月 – 2月:** 沙坝非常冷。请务必带好保暖衣物。
- **3月 – 5月 & 9月 – 11月:** 气候宜人凉爽。非常适合观光。
- **6月 – 8月:** 雨季。请携带雨衣或雨伞。

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Vietnam Tour Guide

5D4N HANOI – SAPA – FANSIPAN PEAK – GLASS BRIDGE

(By Train & Sleeping Bus)



TOUR OVERVIEW

Day 1:	Hanoi Arrival – City Tour – Night Train to Lao Cai | Overnight on the train (L/D)
Day 2:	Lao Cai – Sapa – Fansipan Peak – Sapa Town | Overnight in Sapa (B/L/D)
Day 3:	Sapa – Cat Cat Village – Moana – Glass Bridge | Overnight in Sapa (B/L/D)
Day 4:	Sapa – Hanoi by Limousine/Sleeping Bus | Overnight in Hanoi (B)
Day 5:	Hanoi Departure (B)

Note: B = Breakfast, L = Lunch, D = Dinner

DETAILED ITINERARY



Day 1: Hanoi Arrival – City Tour – Night Train to Lao Cai (Lunch, Dinner)

Pick up at Noi Bai Airport → Enjoy local lunch → Visit **Tran Quoc Pagoda** → **Temple of Literature** → Coffee stop at **Train Street** → Stroll through **Hanoi Old Quarter** → **Dong Xuan Market** → Dinner → Transfer to Hanoi Railway Station for the night train to Lao Cai → Overnight on the train.



Day 2: Lao Cai – Sapa – Fansipan Peak – Sapa Town (B/L/D)

Arrive Lao Cai → Transfer to Sapa (1 hr) → Breakfast → Drop off luggage → Cable car to Fansipan Peak (3,143m) → Mountain train to summit → Buffet Lunch → Hotel check-in → **Cafe Muong Hoa train view** → **Sapa Stone Church** → **Sun Plaza** → Dinner → **Sapa Night Market** → Overnight in Sapa.



Day 3: Sapa – Cat Cat Village – Moana – O Quy Ho Pass – Silver Waterfall (B/L/D)

Breakfast → **Cat Cat Village** → **Moana Sapa** → Lunch → **Dragon Cloud Glass Bridge** → **O Quy Ho Pass - Heaven Gate** → **Silver Waterfall** → Coffee stop → Dinner → Overnight in Sapa.



Day 4: Sapa – Hanoi by Limousine/Sleeping Bus \| Overnight in Hanoi (B)

Breakfast at hotel → Hotel check-out at 08:30 AM → Shuttle pick-up at 09:00 – 09:30 AM to transfer to the bus station → Bus departs at 10:00 AM to Hanoi → 2 rest stops en route (meals at own expense) → Arrive in Hanoi → Hotel check-in → Free evening → Overnight in Hanoi.



Day 5: Hanoi – Departure (Breakfast)

Breakfast at hotel → The driver will pick you up 3.5 hours before your flight time (subject to your flight schedule).

TRANSPORTATION



2–3 pax: 7-seater car



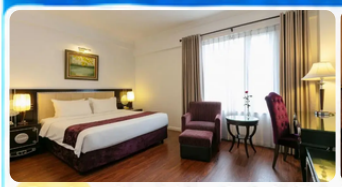
4–10 pax: 16-seater van

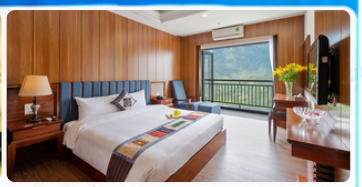


11 pax and above: **Bus**

HOTEL LIST (4-STAR)

Standard Check-in: 14:00 | Check-out: 12:00





Day 1: Overnight on the train (Hanoi – Lao Cai)

Day 2 & Day 3 (Sapa): Bamboo Hotel / Sapa Charm Hotel (or similar)

Day 4 (Hanoi): Flower Garden Hotel / Hong Ngoc Dynastie Hotel & Spa (or similar)

Alternative: Paragon Noi Bai Hotel and Pool (near the airport, convenient for early flights the next day)

(All hotels are chosen for central locations, quality service, and top guest reviews)

TOUR INCLUSIONS

- 4-star hotel accommodation in Sapa and Hanoi
- Meals as mentioned in the program
- Overnight train ticket (Hanoi – Lao Cai) & Car transfer (Lao Cai – Sapa)
- Limousine/Sleeping bus ticket (Sapa – Hanoi)
- Private air-conditioned transportation for tours
- English-speaking tour guide
- Entrance fees (Fansipan cable car & one-way mountain funicular ticket)
- Travel accident insurance

TOUR EXCLUSIONS

- Personal expenses
- Beverages (coffee & drinks)
- Flight tickets
- Meals not mentioned in the program (Lunch & Dinner on Day 4)
- **Compulsory tipping for guide & driver: USD 3/pax/day**

WHY CHOOSE JACK?



- **Local Expert Guide:** Deep understanding of destinations
- **24/7 Support:** Always available via WhatsApp (+84 979 664 696)
- **Flexible Itinerary:** No rigid schedules
- **Authentic Experience:** Travel with a friend, not just a tour guide
- **Transparent Pricing:** 100% no hidden fees

IMPORTANT WEATHER NOTES

- **Fansipan Peak:** Always cold year-round (3,143m altitude). Bring a warm jacket even in summer.
- **Dec – Feb:** Very cold in Sapa. Warm clothing is essential.
- **Mar – May & Sep – Nov:** Pleasant, cool weather. Ideal for sightseeing.
- **Jun – Aug:** Rainy season. Bring a raincoat or umbrella.

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